

**SLO Assessment Schedule for the Online Master of Marriage and Family  
Therapy**  
(Updated July 2025)

| Student Learning Outcomes   | Assessment Measure   |
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| <b>Program Outcome #1: Demonstrate competency in the practice of relational/systemic therapy with diverse couples, families, and individuals.</b>                                 |  |
| 1.1 Understand foundational systems, concepts, theories, and techniques of marital, couple, and family therapy. (Y1)  | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>● Terms Two General Systems Theory- MFTO 639</li> <li>● Paradoxical Intervention - MFTO 641</li> <li>● Micro-Interventions in a Transcript - MFTO 661</li> </ul>  |
| 1.2 Recognize contextual and systemic dynamics with a commitment to diversity and inclusion. (Y1)   | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>● Being the Minority Assignment &amp; Action Plan Assignment - MFTO 663</li> </ul> Competency Target = average score of 3 for the rubric item: Contextual and systemic dynamics (e.g., gender, age, socioeconomic status, culture/race/ethnicity, sexual orientation, spirituality, religion, larger systems, social context) are discussed as they pertain to case study. Ideal Target = average score of 90%. Data will be aggregated for the assessment year. <ul style="list-style-type: none"> <li>● Capstone Theory of Change Paper - MFTO 596</li> </ul> |
| 1.3 Understand principles of human development, human sexuality, gender development, psychopathology, psychopharmacology, couples processes, & family development processes. (Y1) | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>● Sexuality and Development Theory Paper - MFTO 651</li> <li>● Cinematherapy Analysis - MFTO 662</li> </ul>   |
| 1.4 Distinguish differences between content and process issues. (Y1)  | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>● Bowen Family Therapy Video Reflection Assignment- MFTO 641</li> </ul> Competency Target = average score of 80% for the rubric item: Case note or progress note are 200-350 words in length word document, formatted from the choice of DAP or SOAP, and written based upon the session in the demonstration video.  |

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|  | <ul style="list-style-type: none"> <li>Case Note Practice as part of the Mutualization Role Play Assignment - MFTO 590</li> </ul>   |
| <b>Program Outcome #2: Demonstrate competency in assessing, hypothesizing and diagnosing.</b>  |   |
| 2.1 Develop systemic hypotheses and assess family history and dynamics from a systemic perspective. (Y1)   | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>Theory of Change Discussion - MFTO 591</li> <li>Raw Data Presentation - MFTO 592</li> </ul>  |
| 2.2 Recognize contraindications for couples and family therapy. (Y2)   | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>Developing an Annotated Bibliography Assignment - MFTO 610</li> </ul>  |
| 2.3 Understand behavioral health disorders including the epidemiology, etiology, phenomenology, effective treatments, course, & prognosis. (Y2)  | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>Recovery Meeting Analysis - MFTO 634</li> <li>Case Study: Diagnosis I - MFTO 645 <b>Now called Diagnostic Case Report</b></li> <li>Diagnosing Sexual Dysfunction Paper - MFTO 651</li> </ul>   |
| 2.4 Systematically integrate client reports, observations of client behaviors, client relationship patterns, reports from other professionals, results from testing procedures, and interactions with client to guide the assessment process. (Y2) | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>Suicide Assessment Report - MFTO 645</li> <li>Treatment Planning with Integrative Behavioral Couple Therapy - MFTO 610</li> <li>Abbreviated Raw Data Capstone Presentation - MFTO 594</li> </ul>   |
| <b>Program Outcome #3: Demonstrate competency in designing and conducting relational/systemic treatment.</b>   |   |
| 3.1 Know which models, modalities, and/or techniques are most effective for presenting problems and apply them to diverse couples and families. (Y2)   | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>SFBT Therapy Questions - MFTO 661</li> <li>Family Assessment Report - MFTO 645 Now called Family Assessment Group Project</li> <li>Practicing Emotionally Focused Couple Therapy (EFCT) with a Case Study - MFTO 610</li> <li>Raw Data Presentation - MFTO 593, MFTO 594</li> <li>Capstone Theory of Change Draft - MFTO 595</li> </ul> Competency Target = average score of 80% for the rubric item: Implement interventions that are consistent and congruent with model of therapy and articulates goals of the treatment plan in the case study. |

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|  | <ul style="list-style-type: none"> <li>● Capstone Theory of Change Paper - MFTO 596</li> </ul>   |
| 3.3 Integrate client feedback, assessment, contextual information, and diagnosis with treatment goals and plan. (Y2)                           | <p>Competency Target = average score of 80% in each section,</p> <ul style="list-style-type: none"> <li>● Full Mock Capstone - MFTO 595</li> </ul> <p>Competency Target = average score of 80% for the rubric item: Develop hypotheses regarding relationship patterns, their bearing on the presenting problem, and the influence of extra-therapeutic factors on client systems.</p> <ul style="list-style-type: none"> <li>● Capstone Clinical Presentation - MFTO 596</li> </ul> |
| <b>Program Outcome #4: Demonstrate competency in evaluating ongoing process and terminating treatment.</b>                                     |  |
| 4.2 Develop measurable outcomes, treatment goals, treatment plans, and after-care plans with an eye toward termination. (Y3)                   | <p>Competency Target = average score of 80% in each section,</p> <ul style="list-style-type: none"> <li>● Raw Data Presentation - MFTO 593</li> <li>● Raw Data Presentation - MFTO 594</li> </ul>  |
| <b>Program Outcome #5: Demonstrate competency in managing crisis situations.</b>   |  |
| 5.1 Understand how crisis and trauma impact the family system. (Y3)  | <p>Competency Target = average score of 80% in each section,</p> <ul style="list-style-type: none"> <li>● ABC-X Model and Systemic Therapy Case Study - MFTO 697</li> <li>● Cinematherapy: Trauma Stewardship - MFTO 697</li> </ul>  |
| 5.2 Manage risks, crises, and emergencies using recognized standards of practice. (Y3)   | <p>Competency Target = average score of 80% in each section,</p> <ul style="list-style-type: none"> <li>● Develop an Annotated Bibliography Assignment - MFTO 610</li> <li>● Crisis Intervention Plan - MFTO 697</li> </ul>  |
| <b>Program Outcome #6: Demonstrate competency in maintaining ethical, legal, and professional standards.</b>                                   |  |
| 6.1 Know state, federal, & provincial laws & regulations as well as professional ethics and standards for clinical practice and research. (Y1) | <p>Competency Target = average score of 80% in each section,</p> <ul style="list-style-type: none"> <li>● Informed Consent and Confidentiality Assignment - MFTO 643</li> <li>● Professional Plan Assignment - MFTO 643</li> </ul>   |
| 6.2 Understand the process of making an ethical decision and recognize dilemmas in which ethics, laws, and professional liability apply. (Y1)  | <p>Competency Target = average score of 80% in each section,</p> <ul style="list-style-type: none"> <li>● Ethics in Difficult and Dangerous Situations Paper - MFTO 643</li> </ul>   |

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| 6.3 Monitor attitudes, personal well-being, personal issues, and personal problems and ascertain their influence on ethical practice. (Y1)       | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>● Faith, Values, Morals, and Ethics Assignment- MFTO 643</li> <li>● Signature Assignment Action Plan - MFTO 663</li> </ul>   |
| 6.4 Articulate a personal spiritual/religious perspective on the discipline of marriage and family therapy. (Y2)                                 | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>● Personal Spirituality and the Practice of MFT - MFTO 662</li> <li>● Survivor Case Study Video - MFTO 697</li> <li>● A Theology of Marriage - MFTO 639</li> <li>● Spirituality in Therapy - MFTO 590</li> </ul> |
| <b>Program Outcome #7: Demonstrate competency in understanding, critically evaluating, and clinically applying relational/systemic research.</b> |   |
| 7.1 Understand the relationship between research and evaluative practices. (Y3)  | Competency Target = average score of 80% in each section, <ul style="list-style-type: none"> <li>● Theory, Research, and Evaluation Discussion Question - MFTO 615</li> <li>● Essential Elements of Writing Discussion Question - MFTO 615</li> </ul>   |

**Note on the triennial assessment cycle:**

During year one, SLOs assessed are indicated by Y1.

During year two, SLOs assessed are indicated by Y2

During year three, SLOs assessed are indicated by Y3.

For instance, during the assessment collection in May of 2020 (which is year two in the cycle), information from the related courses will be collected for sections taught in the preceding 6 parts of term.