



# Online Master of Marriage and Family Therapy Child and Adolescent Therapy Concentration

60 Credit Hours

## Admission Requirements:

- Completed application and application fee
- Official transcripts from accredited undergraduate degree
- Overall undergraduate GPA of 3.0 or higher, probationary status may be granted
- Three letters of recommendation
- Written purpose statement
- A video conference interview with the program director may be requested
- Apart from students living overseas on military bases, all applicants must reside in the United States to complete the required internship.

## Cost:

- Per Credit: \$799
- Per Internship Credit: \$470
- Resource Fee: \$200 in each enrollment term (enrollment under 3 hours is exempt from resource fees)
- Total Tuition: \$47,192\*

\*Total tuition varies based on state-by-state internship requirements.



## Graduation Requirements:

Students must earn a 3.0 GPA or higher to meet graduation requirements.

## Job Outlook in Texas:



**4,800 Jobs**  
Open in 2020\*



**3,689**  
Unique Postings (9/16-12/21)



**\$36,900** per year  
Median Earnings

\*Filtered by the proportion of the national workforce in these occupations with a Bachelor's degree. Source Emsi Analyst 2022.

## Acquired Skills:

### Top Hard Skills

- Social Work
- Psychology
- Mental Health
- Family Therapy

### Top Common Skills

- Communications
- Planning
- Coordinating
- Management

## Restricted States

Students who reside in California, Illinois and New Hampshire will not be admitted to ACU's online MFT program due to restrictions from state licensure organizations.

# Master of Marriage and Family Therapy Child and Adolescent Therapy Concentration



## Core Curriculum:

### **MFTO 601: Pre-Internship**

Combined practicum and lecture format. Students gain counseling experience through role-playing with each other. Emphasis is placed on basic counseling skills as well as awareness of students' own family of origin.

### **MFTO 610: Couples Therapy**

An introduction to the theories and techniques of marriage and family therapy as applied to the work of those persons who deal primarily with couples.

### **MFTO 615: Research Methods in Family Therapy**

This course will introduce students to both quantitative and qualitative research methodologies utilized in marriage and family therapy research. Students will critique the use of these methodologies and engage in making research decisions as they design their own research proposal. Students will understand ethical issues in conducting research with human subjects and be introduced to data analysis procedures.

### **MFTO 622: Systemic Play Therapy**

An introduction to systemic play therapy.

### **MFTO 624: Family Therapy with Children and Adolescents**

Survey of systemic approaches and techniques for child and adolescent problems with an emphasis on empirically supported theories.

### **MFTO 628: Assessment and Treatment of Childhood and Adolescent Disorders**

A study of childhood and adolescent psychopathology, with an emphasis on diagnosis and assessment informed by a biopsychosocial-spiritual paradigm.

### **MFTO 634: Addictive Disorders**

This course will address the spectrum of addictive disorders from a systemic perspective with a focus on the biological, social, spiritual, and psychological aspects of the addictive process. Diagnosis and treatment strategies will be considered through a systemic lens.

### **MFTO 639: Family Theory**

A comprehensive exploration of theory in family studies and therapy. The role of theory in empirical investigation, conceptual framework, and strategies of theory building useful in the interdisciplinary study of marriage and family behavior will be examined.

### **MFTO 641: Family Therapy I**

A study of supportive counseling principles and methodology in the area of functional family problems and needs. A systems approach will be utilized.

### **MFTO 643: Professional Ethics and the Law**

A survey of the professional ethics and laws relative to the practice of marriage and family therapy.

### **MFTO 645: Systemic Diagnosis & Assessment**

This course is a study of psychopathology, diagnosis, and assessment in a biopsychosocial-spiritual context. Students will learn how to use the DSM and assessment instruments in diagnosing and assessing psychopathology, as well as learning systemic ways of assessment in individual, couple, and family contexts

### **MFTO 651: Sexual Therapy**

The Christian-oriented implementation of contemporary sexual therapy in formal and informal settings.

### **MFTO 661: Family Therapy II**

Intense exposure to at least three currently-practiced modalities of Family Therapy.

### **MFTO 662: Family Life Cycle**

Equipping the marriage and family student with an understanding of how to integrate the individual, marital and family developmental cycles into clinical case conceptualization, diagnosis and treatment.

### **MFTO 663: Cultural Diversity in Family Therapy**

This experiential course will explore areas of cultural diversity relevant to gender, ethnicity, and class in psychotherapy practice, with an emphasis on developing cultural competence, sensitivity, and awareness. Other dimensions of diversity may be covered to a lesser extent.

### **MFTO: 697 Ecology of Crisis & Trauma for the Therapist**

A study of the interrelationship between systemic explanations of trauma and crisis and how they impact the psychotherapeutic practice and world view of the therapist.

# Master of Marriage and Family Therapy Child and Adolescent Therapy Concentration



## **MFTO 602: Internship I**

Supervised practice in marriage and family therapy.  
Emphasis on a wide variety of experience.

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## Core Curriculum:

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### **MFTO 610: Couples Therapy**

An introduction to the theories and techniques of marriage and family therapy as applied to the work of those persons who deal primarily with couples.

### **MFTO 615: Research Methods and Family Therapy**

This course will introduce students to both quantitative and qualitative research methodologies utilized in marriage and family therapy research. Students will critique the use of these methodologies and engage in making research decisions as they design their own research proposal. Students will understand ethical issues in conducting research with human subjects and be introduced to data analysis procedures.

### **MFTO 634: Addictive Disorders**

This course will address the spectrum of addictive disorders from a systemic perspective with a focus on the biological, social, spiritual, and psychological aspects of the addictive process. Diagnosis and treatment strategies will be considered through a systemic lens.

### **MFTO 639: Family Theory**

A comprehensive exploration of theory in family studies and therapy. The role of theory in empirical investigation, conceptual framework, and strategies of theory building useful in the interdisciplinary study of marriage and family behavior will be examined.

### **MFTO 641: Family Therapy I**

A study of supportive counseling principles and methodology in the area of functional family problems and needs. A systems approach will be utilized.

### **MFTO 643: Professional Ethics and the Law**

A survey of the professional ethics and laws relative to the practice of marriage and family therapy.

### **MFTO 645: Systemic Diagnosis & Assessment**

This course is a study of psychopathology, diagnosis, and assessment in a biopsychosocial-spiritual context. Students will learn how to use the DSM and assessment instruments in diagnosing and assessing psychopathology, as well as learning systemic ways of assessment in individual, couple, and family contexts.

### **MFTO 651: Sexual Therapy**

The Christian-oriented implementation of contemporary sexual therapy in formal and informal settings.

### **MFTO 661: Family Therapy II**

Intense exposure to at least three currently-practiced modalities of Family Therapy.

### **MFTO 662: Family Life Cycle**

Equipping the marriage and family student with an understanding of how to integrate the individual, marital and family developmental cycles into clinical case conceptualization, diagnosis and treatment.

### **MFTO 663: Cultural Diversity in Family Therapy**

This experiential course will explore areas of cultural diversity relevant to gender, ethnicity, and class in psychotherapy practice, with an emphasis on developing cultural competence, sensitivity, and awareness. Other dimensions of diversity may be covered to a lesser extent.

### **MFTO 665: Family Therapy across the Life Cycle**

Individual and family developmental stages with therapy skills emphasis for families, children, youth, and older adults.

### **MFTO: 697 Ecology of Crisis & Trauma for the Therapist**

A study of the interrelationship between systemic explanations of trauma and crisis and how they impact the psychotherapeutic practice and world view of the therapist.

### **ELECTIVE**

#### **MFTO 616: Life Planning and Career Development**

Students will learn and critically evaluate major career counseling theories. The social contexts of career development will be examined, and students will learn to integrate career counseling with psychotherapy. Students will learn to design, deliver, and evaluate comprehensive guidance programs.

### **ELECTIVE**

#### **MFTO 635: Group Psychotherapy**

This course serves as an introduction to group psychotherapy as an effective therapeutic tool. The focus of the course is comprised of two main areas: (1) group formation, group dynamics, and group psychotherapy theories and principles, and (2) the development and role of the group psychotherapist him/herself. Topics such as spirituality, ethics, diversity, self-of-therapist issues, leadership, and theoretical frameworks for facilitating group psychotherapy will be presented.

# Master of Marriage and Family Therapy



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# Online Master of Marriage and Family Therapy Therapy with Military Families Concentration

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# Master of Marriage and Family Therapy Therapy with Military Families Concentration



## Core Curriculum:

### **MFTO 601: Pre-Internship**

Combined practicum and lecture format. Students gain counseling experience through role-playing with each other. Emphasis is placed on basic counseling skills as well as awareness of students' own family of origin.

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An introduction to the theories and techniques of marriage and family therapy as applied to the work of those persons who deal primarily with couples.

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### **MFTO 643: Professional Ethics and the Law**

A survey of the professional ethics and laws relative to the practice of marriage and family therapy.

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### **MFTO 651: Sexual Therapy**

The Christian-oriented implementation of contemporary sexual therapy in formal and informal settings.

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Intense exposure to at least three currently-practiced modalities of Family Therapy.

### **MFTO 662: Family Life Cycle**

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### **MFTO 682 Dynamics of Military Families**

A survey of the life cycle and other nodal events common to military families.

### **MFTO 684 Family Therapy with Military Families**

An introduction to the theories and techniques of marriage and family therapy as applied to the work of those persons who deal primarily with military families.

### **MFTO 657 Assessment and Treatment of Family Violence**

A study of family violence with an emphasis on assessment and treatment informed by a biopsychosocial-spiritual paradigm.

### **MFTO 697: Ecology of Trauma and Crisis for the Therapist**

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### **MFTO 602: Internship I**

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# Master of Marriage and Family Therapy Therapy with Military Families Track

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Supervised practice in marriage and family therapy.  
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## **MFTO 606: Internship V**

Supervised practice in marriage and family therapy.  
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Supervised practice in marriage and family therapy.  
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Supervised practice in marriage and family therapy.  
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## **MFTO 609: Internship VIII**

Supervised practice in marriage and family therapy.  
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# Online Master of Marriage and Family Therapy Treatment of Trauma Concentration

60 Credit Hours

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# Master of Marriage and Family Therapy Treatment of Trauma Concentration



## Core Curriculum:

### **MFTO 601: Pre-Internship**

Combined practicum and lecture format. Students gain counseling experience through role-playing with each other. Emphasis is placed on basic counseling skills as well as awareness of students' own family of origin.

### **MFTO 610: Couples Therapy**

An introduction to the theories and techniques of marriage and family therapy as applied to the work of those persons who deal primarily with couples.

### **MFTO 615: Research Methods in Family Therapy**

This course will introduce students to both quantitative and qualitative research methodologies utilized in marriage and family therapy research. Students will critique the use of these methodologies and engage in making research decisions as they design their own research proposal. Students will understand ethical issues in conducting research with human subjects and be introduced to data analysis procedures.

### **MFTO 630: Trauma Intervention Models**

A study of the common interventions used in treating trauma.

### **MFTO 634: Addictive Disorders**

This course will address the spectrum of addictive disorders from a systemic perspective with a focus on the biological, social, spiritual, and psychological aspects of the addictive process. Diagnosis and treatment strategies will be considered through a systemic lens.

### **MFTO 639: Family Theory**

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### **MFTO 641: Family Therapy I**

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### **MFTO 643: Professional Ethics and the Law**

A survey of the professional ethics and laws relative to the practice of marriage and family therapy.

### **MFTO 645: Systemic Diagnosis & Assessment**

This course is a study of psychopathology, diagnosis, and assessment in a biopsychosocial-spiritual context. Students will learn how to use the DSM and assessment instruments in diagnosing and assessing psychopathology, as well as learning systemic ways of assessment in individual, couple, and family contexts.

### **MFTO 651: Sexual Therapy**

The Christian-oriented implementation of contemporary sexual therapy in formal and informal settings.

### **MFTO 655: Systemic Trauma and Violence**

This course will provide students with a systemic approach to the presence of trauma and violence in relationships. Emphasis will be placed on intimate partner violence and abuse across the life cycle. Issues of spirituality and resiliency will also be explored.

### **MFTO 657: Assessment and Treatment of Family Violence**

A study of family violence with an emphasis on assessment and treatment informed by a biopsychosocial-spiritual paradigm.

### **MFTO 661: Family Therapy II**

Intense exposure to at least three currently-practiced modalities of Family Therapy.

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