

Tyson Alexander, M.MFT, LMFT

Director/Counselor

Tyson Alexander is a 2011 graduate of ACU's AAMFT (American Association for Marriage and Family Therapy) approved Marriage and Family Therapy program, where he earned the Heart of the Therapist award. He is a Licensed Marriage and Family Therapist in the state of Texas. He worked at Shades of Hope for five years as a family therapist before joining ACU in 2016 as the Assistant Director of the Counseling Care



Center. In 2018 he was named Interim Director, and in 2019 became the Director of The Counseling Care Center. Tyson is a PhD candidate in Counselor Education at Texas Tech University, writing a dissertation regarding the perceptions of student wellness and the factors that impact that perception.

He met his wife Lisa in Abilene, they were married in 2002, and have three children. He is an avid reader, loves working out and playing music.