

Betty Valdez, MA Phlebotomist

Betty Valdez was born and raised in Lubbock, Texas. She worked as a phlebotomist at Covenant Health in Lubbock where she obtained her phlebotomy certification. She has also worked as a lab assistant and a mobile phlebotomist. After moving to Abilene in 2018, she began her Medical Assistant career at Abilene Christian University in April 2019.



Betty is married to Jesse Valdez and together they have 5 children. She is the proud Gigi of 17 grandchildren. Betty is also a licensed cosmetologist and has worked for the US Postal Service. In her spare time, she likes to crochet, read, attend car shows, and spend time with her family. Betty enjoys being at ACU where she loves the Christian mission she gets to live out in serving the students.