

# Associates of Kinesiology to Bachelor of Science in Exercise Science (Online)

## SEMESTER-BY-SEMESTER MAP FOR FULL-TIME STUDENTS

2024-25 Catalog Year

Degree plans may change in later catalogs, and if they do, those changes may affect your requirements for graduation. For example, developmental coursework may be required, or courses that are currently offered might not be offered in the future or be available at the time you wish to enroll. It is your responsibility to check with an academic advisor regularly, throughout your enrollment, and be aware of any changes that may occur. You must receive a GPA of at least 2.00 on all college-level course work. Contact your advisor for information.

### A.A. DEGREE MINIMUM: 60 SEMESTER CREDIT HOURS

Semester 1 (13 hours)	Semester 2 (15 hours)
ENGL 1301 – Composition I	ENGL 1302 – Composition II
HIST 1301 – United States History I	HIST 1302 – United States History II
Mathematics Elective Semester Hours: 3*	SPCH 1315 - Public Speaking
KINE 1164 – Introduction to Physical Fitness and Wellness	KINE - Kinesiology Specialization Semester Hours: 3**
KINE - Kinesiology Specialization Semester Hours: 3**	KINE - Kinesiology Activity Elective Semester Hour: 1***
KINE - Kinesiology Activity Elective Semester Hour: 1***	KINE - Kinesiology Activity Elective Semester Hour: 1***

Semester 3 (16 hours)	Semester 4 (16 hours)
GOVT 2305 – Federal Government (Federal Constitution & Topics)	GOVT 2306 – Texas Government (Texas Constitution & Topics)
BIOL 2401 - Anatomy and Physiology I (Lecture + Lab)	BIOL 2402 - Anatomy and Physiology II (Lecture + Lab)
KINE - Kinesiology Specialization Semester Hours: 3**	KINE - Kinesiology Specialization Semester Hours: 3**
KINE - Kinesiology Specialization Semester Hours: 3**	Social and Behavior Science Semester Hours: 3 (ACU Recommends PSYC 2301)*
Language, Culture and Philosophy Semester Hours: 3* (ACU Recommends ENGL 2XXX course)	Creative Arts Semester Hours: 3*

*For the SPCH requirement at TCCD, ACU recommends SPCH 1315, as it will transfer to a university requirement for public speaking.*

*For the Language, Culture and Philosophy Semester Hours at TCCD, ACU recommends an ENGL 23XX course, as it will fulfill a university requirement for 3 hours of literature.*

*For the Social and Behavior Science Semester Hours at TCCD, ACU recommends PSYC 2301, as it will fulfill a major requirement in Health and Human Performance.*

# ACU TRANSFER TRACK

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For questions about the ACU portion of this transfer pathway, contact the Admissions Office at 855-219-7300. It is best to apply to ACU a full semester before you plan to transfer. It will help if you submit a copy of this pathway with your application.



Semester 1 (12 hours)	Semester 2 (12 hours)
BIBO 103 – Story of the New Testament	BIBO 211 – Message of the Old Testament
PSYC 120 – Introduction to Psychology (or Elective if PSYC 2301 has been completed)	KINE 311 – Motor Behavior
KINE 232 – Structural Kinesiology	CHEM 113 – Introductory Chemistry
HHP 201 – Foundations of Health and Human Performance	NUTR 224 – Nutrition for Exercise and Sport

Semester 3 (12 hours)	Semester 4 (12 hours)
BITO 342 - Christianity in Culture	HHP 401 – Strength and Conditioning
KINE 360 – Leadership and Management for Health Promotion	HHP 421 – Exercise and Special Populations
HHP 374 – Exercise Physiology and Applications	PSYC 356 – Health Psychology
KINE 342 – Exercise Testing	KINE 399 – Research Methods in Kinesiology and Nutrition

Semester 5 (12 hours)
KINE 498 – Biomechanics
HHP 491 – Health and Human Performance Capstone
HHP 451 – Professional Certifications in Health and Human Performance
Elective

\* Mathematics, Creative Arts, Language, Culture, and Philosophy, and Social and Behavior Science electives must be selected from the Core Curriculum.

\*\* Kinesiology Specialization courses: KINE 1301, KINE 1304, KINE 1306, KINE 1308, KINE 1321, KINE 1338, KINE 2356 or HECO 1322. Upon completion of the degree, one must have taken at least five of the eight courses listed.

\*\*\* Kinesiology Activity Electives include KINE 1101 through KINE 1149 and KINE 2101 through KINE 2149.

Approved: 2024-25 Guided Pathway; Approved by Abilene Christian University March 8, 2022